

2021-2022

TCOLC Sixth Form

Yr11 – 12 Transition Activities

Subject: Level 2 OCR Cambridge
Technical Health and Social Care



You are about to begin the transition project for the Level 2 OCR Technical Diploma in Health and Social Care.

During the start of year 12, you will complete two exam based units, unit 1 and unit 2. These units are both assessed through an external examination. This transition project seeks to prepare you for the key skills and knowledge needed for this course.

The project is split into 3 parts:

- 1. Unit 1: Principles of working in Health, Social Care and Childcare**
- 2. Unit 2: Health and Safety in Practice**
- 3. Health and Social Care and Covid-19**

You will complete your work within this document. If you have any trouble, please create a copy of this document and send it to me via email once it is complete.

If you need any support with this please email me: lpatel@cityleicester.leicester.sch.uk

Part 1

Unit 1: Principles of working in Health, Social Care and Childcare

In this unit, you will be introduced to a basic knowledge of health and safety including what to do in emergency situations in care settings. Practitioners need to know about equality and diversity and a person-centred approach. You will learn about individual's rights and ways those rights can be supported by care workers and by social policy. Effective communication is very important when working with individuals in need of care and support, this unit provides you with knowledge of practical ways of communicating in care settings. Also, you will cover a basic introduction to the structure of the human body and some of the common conditions and diseases that affect individuals who require care. The following tasks are based on topics you will be taught.

a. Task: Keywords and Definitions

Please research the meanings of these words. Please do not copy and paste, try to put them into your own words to show your understanding. They will come in handy for your future exam!

Keyword	Definition
Hazard	
Risk	
Risk Assessment	
Disinfecting	
Sterilising	
Equality	
Diversity	
Labelling	
Prejudice	

Life expectancy	
Consultation	
Safeguarding	
Chronic Pulmonary Disorder	
Liver Cirrhosis	
Care Plan	
Makaton	
Picture Exchange Communication System	

b. Task: Which of the following settings are health, social care or childcare?

Hospital, crèche, extra-care/sheltered housing, playgroup, college, dentist, nursing home, pharmacy, primary school, walk-in centre, nursery, residential home, GP surgery, secondary school, day centre, optician, after-school club. Can you add any more settings?

Health care settings	Social care settings	Childcare settings

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c. Task: Explore and explain the meaning of 'person-centred care'? What do you think it means?

<https://www.youtube.com/watch?v=pj-AvTOdk2Q>

<https://www.cqc.org.uk/category/keywords/video>

- Give a detailed description/explanation of person-centred care
- Give some examples of what person-centred care looks like in health and social care settings.

d. Task: You work at a local residential home – produce a thought shower of good food hygiene practices that must be followed: Try and give at least 6 points.



e. Blood Vessels – what do you remember? Draw/Insert a diagram of the arteries, veins and capillaries. Next, describe the different functions of all 3 blood vessels.

A large, empty rectangular box with a black border, intended for drawing a diagram of blood vessels and writing their functions.

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Teacher Feedback	
WWW:	
EBI - Closing the gap:	
Student comment:	

Part 2

Unit 2: Health and Safety in Practice

The aim of this unit is to develop your ability to identify health and safety hazards in a range of situations. You will need to demonstrate your understanding of how to follow health and safety procedures, including being able to carry out risk assessments and respond appropriately in emergencies.

a. Task: Keywords and Definitions

Please research the meanings of these words. Please do not copy and paste, try to put them into your own words to show your understanding.

Keyword	Definition
Health and Safety	
Health and Safety Management	
Employers	
Employees	
Policies	
Procedures	
Disciplinary Action	
Legislation	
Ofsted	
Nursing home	
Day centre	

Sheltered Housing	
Creche	

b. Task: Please watch the following clips and fill in the table below:

<https://www.youtube.com/watch?v=GwVTdsnN1E>

<https://www.youtube.com/watch?v=aRvULYpobms>

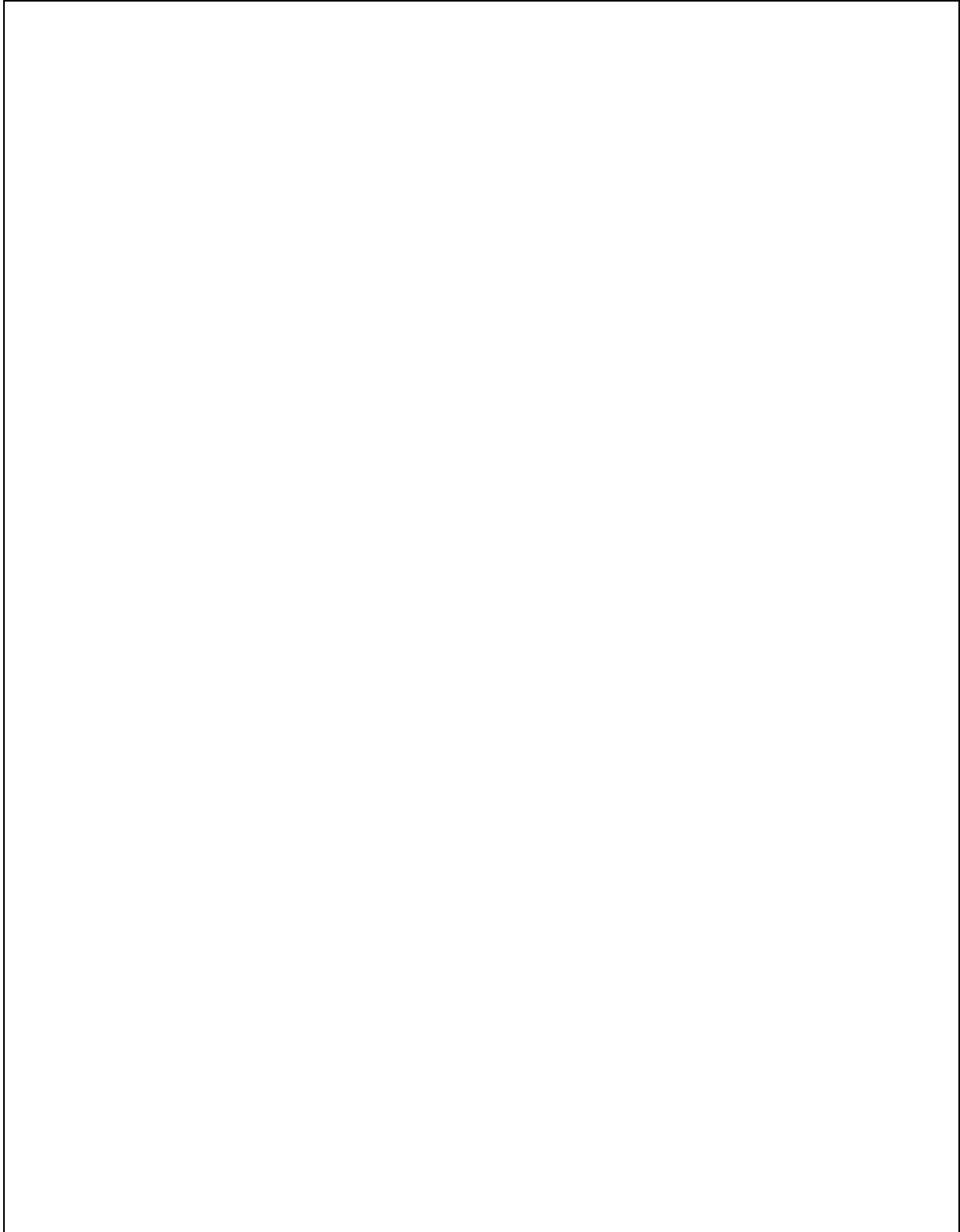
A hazard is.....	A risk is.....

c. Task: Please look at the picture below and label the hazards you can see:



d. Research Task: Please look at St John's Ambulance website and write down the steps a first aider takes when they come across someone who has been injured.

<https://www.sja.org.uk/get-advice/i-need-to-know/the-role-of-the-first-aider/>

A large, empty rectangular box with a thin black border, intended for the student to write their answer to the research task. The box is currently blank.

e. What do you think....?

Each place of work has to have a health and safety policy which should explain how you are going to keep your employees safe, who is responsible for keeping people safe, how you are going to manage risks, and emergency procedures such as a fire drill procedure. In the space below please write down what you think would be the consequences if a place of work did not follow their health and safety policy:

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Teacher Feedback	
WWW:	
EBI Closing the gap:	
Student comment:	

Part 3

Health and Social Care and Covid-19

Task: Read a selection from the following articles based on emergencies in care homes because of the current pandemic and complete the task below:

<https://www.bbc.co.uk/news/health-52284281>

<https://www.bbc.co.uk/news/uk-52289607>

<https://www.bbc.co.uk/news/topics/cmj34zmwmzyt/care-homes>

Review/synopsis:

- Write a short summary about the articles read – issues/problems faced.
- Who, what, where, when, why? Include all key information of the story. Explain what was thought-provoking about it and the questions it led to.
- How did it make you feel? What needs to be done to keep all individuals safe?
- What are the employer and employees responsibilities in care homes?
- What impact is Covid 19 going to have on care home settings?

Teacher Feedback	
WWW:	
EBI Closing the gap:	
Student comment:	