Links to Approaches Information

Psychodynamic: <https://www.tutor2u.net/psychology/reference/the-psychodynamic-approach>

Behavioural: <https://www.tutor2u.net/psychology/reference/learning-approaches-the-behaviourist-approach>

Cognitive: <https://www.tutor2u.net/psychology/reference/the-cognitive-approach>

Biological: <https://www.tutor2u.net/psychology/reference/the-biological-approach>